

bãfũ; fãx l stMš10 t: jh l oky

vf/ldrj LVMM bãfũ; j cuus dk Qš yk cl ; wgh ys yrs gãft l dk vk/Mj [kšlyk gkrk gã yšdu bãfũ; fãx djus dk Qš yk ysis ds ckn dN l oky , š s gkrš gãftuds tokc vki dks [kš ryk'kus gkrš gã ; s l oky , lVh; M vš dšfcy; r l stMš gkrš gã ; gla ge bãfũ; fãx ds mhjrs dkd l dN; j vol j vš dNst l stMš dN vš egRo iwl l oky l ds tck vki ds fy, nsjgsgã

1- D; k gSck; kšMdy bãfũ; fãx

; fn vki ykška ds LokLF; l s l jkdj j [krs gš muds fy, dN djuk pkgrš gã rks ck; kšMdy bãfũ; fãx dkd l vPNk fodYi gã ^; g , š k fMfl flyu gš tks fyfoæ fl LVe ea dke djus dh ij .kk nrk gã^ ck; kšMdy bãfũ; j LokLF; dh tfVy l eL; kvka ds l ek/kku ds fy, , Moka rdudh dk iz, kx djrk gã bl {kš= ea vol j cgr gš [kkl dj l jdkjh rFkk futh dkj [kkuka Okel; fVdy vš l ftby eš; fDpfãx dã fu; ka eã bl ea VDUksy kllh dh enn l s tfVy LokLFk l eL; kvka dk gy fudkyrs gã^

2- D; k cgrj gã & chVd l h, l] , e l h, ; k , e, l l h

d{k 12 ikl djus ds ckn l kbd ds Nk= chVd ½ dã; Wj l kbd ½ ds pkj o'kž; cšpyj i kške ds fy, vkonu dj l drs gã ckn ea os i kšV xšqV ds fy, ; k rks nks o'kž , e, l l h ½ dã; Wj l kbd ½ ds fy, vkonu dj l drs gã ; k rhu o'kž , e l h, ds fy, A chVd i kške dk Qkd l bã/l o i kškfex] eškešVdy fl dYI] gkMš j] vkWj šVx fl LVEI] fMtkbu vki i šV rFkk dã; Wj {kš= ea fl D; kšjVh o dE; fuds'ku ij gkrk gã , e l h, ea l kšVos j , lyhds'ku ij tkj fn; k tkrk gš tcd , e, l l h dã; Wj l kbd dkd l ea dã; Wj vkfdVšDpj] dã; Wj fl LVe MšyieM] , Ykšjne l kšVos j ešVDI ekckby dEI; fVx vš fšy kšVã dks i kšfedrk nh tkrh gã dN fo'k; l kjs dkd kš ea l eku gkrš gã ^chVd] , e, l l h] , e l h, dkd l m | kš dh rjg l s tMš dkd l gã bl {kš= ea v/; ki u dk bjknk j [kus okys Nk=ka dks chVd ds ckn , eVd vš fQj i h, pMh djuk pkfg, A^

^, e l h, vš chVd dh , d l h oš; wgs yšdu bMLVh fu; kšrk Dã ; Wj l kbd ea chVd djus okyka dks gh i kšfedrk nrš gã^

3- D;k gScgrj& dh; Wj ;k buQkku VDUks bātfu; fjā\ (C.S. ;k I.T.)

dh; Wj I kbUI vġ buQkku VDUks kġh dkd Z tMēka Hkkb; ka tS s gġ yfdu ukġjh ds cktkj ea buds y{; fhku gā vf/kdrj bātfu; fjā dktstka eankf[kys dk , ukfyfl I djar ks irk yxsk fd dh; Wj I kba dh ekax c<+jgh gā D;k bl dh otg ; g gS fd dh; Wj I kba dk Ldki cgrj gā vkbz/kb/h [KMxi g ea buQkku VDUks kġh foHkkx ea ikQd j jko tokc nrs gā Nk=ka vġ vfHkkodka ea ; g Hke gS fd dh; Wj I kba cgrj gā vl y ea I h, I vġ vkb/h nksuka ea Nk= dġ; j dh Āpkb; ka Nw I drs gā I h, I bz dk I jkdj dh; W'sku xtej] ikskfeax] vkfdVdpj] Mkvkd vġ vkWjVax fl LVe I s gġ tcfv vkb/h eYVhfMfl flyujh gā bl ea I h, I bġ bġ hbġ vġ bbz fMfl flyUI gkrs gS ^dh; Wj I kba xġqV dks ikd j j fMtkbu , eMM ikskfeax tS s dk; kġ ds fy, pūk tkrk gā ^; g Hke gS fd dh; Wj I kba vf/kd cgrj gā vl y ea I h, I vġ vkb/h nksuka dh viuh [kch gSftl dscy ij ; stkt ekdV ea [kkl eplke cuk I drs gā^

4- bātfj; fjā eavki u&os j ikske dglaI sdjā

bDdhI oh I nh ds Nk= , d fMftVy f"kk Økār ds nġ I s xġj jgs gā d{kk, a dh; Wjka ea fl eV xbz gS rks dbz I fkkuka dks viuh dkd Z I kexh dk fMftVkbts'ku djuk iMka I kr vkbz/kb/h dnta vġ vkbz, I I h }jk I a ħr : Ik I s pyk; k tk jgk u'skuy ikske vktu VDUks kġh , ugkM yfuġ ½NPTel½ dġ dġe vk/kfjr ohM; ks vġ os dkd kġ dks i kBI kgu nrk gā bl ek/; e dks vki u dkd &os j dgk tkrk gS tks ikB; I kexh dks os ij fMftVy QkV/ eagg ; ut j ds I kFk cā/rk gā

; s dkd Z fØ, fVo dktUI tS s vki u ykbl d ds rgr futh bLreky vġ , MIV'sku ds fy, miyC/k gā Hkkjr ea , uihv/bz, y ds vykok eS kpd 3/4 bāVhV; W vktu VDUks kġh ¼ evkb/h½ Hkh vktuykbu dkd Z I kexh miyC/k djkrk gā vkt'kd : Ik I s fu%kġd I kexh gj fd I h dks gj dgha miyC/k gksh gā I YQ yuj ; kuh [kq I h[kus okys yks i hMh, Q ; k ohM; ks QkV/ ea Yh I kexh ys I drs gā

Ypy vktu yfuġ ea I kġj dj vki u&dkd Z u, tekus ds , dne vuphy gks x, gā ; s vc Nk=ka dh I h[kus dh i fØ; k ds mi ; ħr gks x, gā^

5- I h, I fMxb ukSjh dsvf/kd mi ; Dr D; lal e>h tkrh gS

; g dkd Z vkbM/h dh rnyuk ea dfBu gkrk gS D; ksd bl dk I cak MkVv LVDpj] ykMtd] iksxfex yfcost] ,Yxfjne] ,ukfyfl I iksfcyVh vSj LVSFLVDI I s vf/kd gA dh; Wj I kba ds Nk= dk dh; Wj Kku vkbM/h ds Nk= I s xgu gkrk gS D; ksd vkbM/h dMj dye fMtkbu vSj iz ks ds I nHkZ ea viSk—r eSusteS/ I s vf/kd tMk gkrk gA

6- batfj; fja eamHjrsfMfl flyu vSj I Hkouk, a

ijajkxr batfj; fja ikske ea eSfudy] bySDVdy vSj fl foy batfj; fja dk opLo Fk ftI s vc ni js fMfl flyuI paks h nus yxs gA bl dk dkj .k ubZ rdudh gS ftI us rdudh nfu; k ea gekjs tMko vSj n[kus ds utfj, dks cny fn; kA batfj; fja fMfl flyuI dh I hek j[kk, afl dM+jgh gA os gS mHjrh batfj; fja fMfl flyuI

, xbdYpj batfj; fja%bl ea batfj; fja I kba vSj VDUkykMh dk bLreky —f'k mRi knu vSj ikl sl x eafd; k tkrk gA

ck; keSMDy batfj; fja% batfj; fja fo"ksrk dk bLreky ck; kykth vSj eSfMfl u {ks= dh I eL; kvka ds fo"ysk.k vSj gy fudkyus ea gkrk gA bl rjg LokLF; I qp/kkvka dks cgrj cuk; k tkrk gA

ynj VdukykMh% bl dk I jkdj tir]s di Ms vkn rS kj djus ds fy, peMs ds fl fKVd iKMD"ku vSj fjQkbfua I sgA

VDI Vky batfj; fja% bl dk I cak VDI Vky Qfcd vSj /kxs dh ikl sl x vSj fuekZk ea VDUkykMh ds bLreky I sgA

eShu batfj; fja% tgkt ikuh ea pyus okys ni js okguka vSj canjxkgka dk fuekZk vSj j[k&j[kko bl ds nk; js ea vkrk gA

eSfMfl% eSfudy] bySDVdy batfj; fja] eSk vSj vkbM/h ds Dykfl d QhYM bl ea "kkfey gks gA

iloj%; g fctyh ds mRi knu] VM feVj vSj forj.k I s I cak/kr gA

eSMDy bySDVfMfl% batfj; fja cks keSMDy dks I kba I s tkM/rk gA eSMDy {ks= I s tM/s eqla dks I y>kus ds fy, vkbZ beftax fMokbl fodfl r djuh gkrh gA

7- bātifu; fja eab/vjfmfi flyujh dh jlg [ky jgh gš

fi Nys n"kd ea b/vjfmfi lyujh uklyst us bātifu; fja f"kk dks cny fn; k gā vkbz/kb/h xkdkhuxj ds iks tkw l h eadh dgrsgā 'igys l kprsfksfd byšDVdy bātifu; fja i<+jgs gā rks ešfudy l s D; ka tkMA og ifjn"; cny x; k gā byšDVdy bātifu; fja Nk= jkckv cuk jgk gš rks og ešfudy igy/ka tš sfdrus ekv/ ykM dh t: jr iMxh dh miškk ugha dj l drkA t: jr ds vuq kj fmfi flyul dks feykuk cgrj ifj.kke ds fy, , d vPNk fodYi gkrk gā^

8- VDI Vkbby bātifu; fja dk D; k Hfo'; gš

VDI Vkbby m|ks dk Hfo'; mTtoy gā gea ifrHkkoku VDI Vkbby bātifu; jka dh t: jr gš tks ifj'Nr e"khuka dk pyk l dā^ diMk gekjs thou l s vfHku : i l s tMk gā vkbz/kb/h&fnYyh ea VDI Vkbby fMiKVzV ea ikQj nhflr xlrk dgrh gā 'ijajkxr VDI Vkbby deks'k [kre gks x; k gā VDI Vkbby fmfi flyu vc ifj/kku vks xg l Ttk l s cgr vkxs fudy x; k gā ; g VšDudy VDI Vkbby iMDVt dk foLrkj cu x; k gš ftl dh cnksyr bl m|ks ea Hkkjh cnyko vk, gā Hkkjr ea bl dk Hfo'; cgr mTtoy gā gea ; k; VDI Vkbby bātifu; jka dh t: jr gš tks ifj'Nr e"khuka dks l e> l dā l Hkky l dā m|ferk ds utfj; s l sn[ka rks Hkh ; g cgr ykHk nus okyk l kcr gpk gā VDI Vkbby ifjokjka l s vkus okys Nk=ka us vius F; kjšVdy vks išDVdy bātifu; fja Kku dks 0; ol k; ea cgr vPNh rjg mrkjg gā

9- D; k djrsgāVDI Vkbby bātifu; j\

VDI Vkbby bātifu; j dk dke gj fdLe ds VDI Vkbby iMDV vks e"khu l s tMk gkrk gā U; dyh; j geyka ea Qk; j QkbVI Z }kjk igus tkus okys cyv iQ tšv tš s ifj'Nr ifj/kku Hkh os rš kj djrs gā bl ds l kfk gh gšFkds j VDI Vkbby VMDVjka ul k ds xkmu½ vks dkj] Vku rFkk gokbz tgkt ea bLreky fd, tkus okys vMkesVo VDI Vkbby Hkh rš kj fd, tkrs gā ešMdy {k= }kjk VDI Vkbby dk mi ; ks fd, tkus l s jksx; ka dks cgr ykHk gpk gā VDI Vkbby dk iz ks vc ņf=e vak cukus ea Hkh fd; k tk jgk gā VDI Vkbby bātifu; j , d k diMk rš kj djus yxs gā tks LFKk; h ; k vLFk; h : i l s "kjhj ea j [kk tk l drk gā Y'skl Z ds fy, "kq ea

;g Åpk oru nus okyh ukdjh ugha gÅ bl ds vykok dbz ckj vki dks i kMD"ku gkml ea Jfedka dks l Hkkyus tS s dke Hkh djus i MaxA

10- ,vjklid vlg ,vjkskM/dy batfuf;fjak eaD;k varj gS

vki ,fo, "ku ea vxz.kh jkbV cnl l ds in fpgka ij pydj bl {ks= ea uke dek l drs gÅ bl ds fy, ,vjklid batfuf;fjak ;k ,vjkskM/dy batfuf;fjak ea chVd djuk gkckA ,vjklid dk l adk jkMds/ l kbd l s gÅ bl ea XYkkbMj] gsyhdKj] ; w oh] ,e, oh] fel kby] jkMds/ vlg l s/kykbV "kkfey gÅ ,vjkskM/dy batfuf;fjak dk l jksdkj iFoh ds okrkj.k ea mMus okys ; kuka l s gkrk gÅ ^bl {ks= ea "kh'kz ij igpus ds fy, eFk vlg fQftDI ij idM+gkuk cgr t: jh gÅ ^,vjklid batfuf;fjak ea chVd ea vki dks [lybM ebfuDI] ,LVkMkbufeDI] LVSVDI vlg MkbufeDI vlg dV/ky batfuf;fjak] eS/hj; y l kbd tS s fo'k; i<us gkckA ,vjØkIV ea fyIV ds sr\$ kj dh tkrh gS batuka ea bLrky gkus okys gkbMksyd fl LVEI l s ifjpr djokrk gÅ ^,vjklid batfuf;fjak xftqV ifrj{kk {ks= vlg futh&l koZtfud {ks= ds Lid vkkkukbt\$ku & ,p,,y] ,u,,y] MhvkiMhvks ea tkk ik l drs gÅ ^nkus ,d l s gÅ ,vjklid dk Ldki vf/kd gS D; kkd bl dk OkdI Lid MkbufeDI vlg jkMds/ ij gkrk gÅ